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FOR IMMEDIATE RELEASE: 02/02/2024

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2024 Izzo Legacy Run/Walk/Roll To Be Held On Saturday, April 20

The Event Will Be Celebrating Its Fifth Anniversary

East Lansing, MI: Today, the Izzo Legacy Foundation and the Playmakers Fitness Foundation announced the date for the 2024 Izzo Legacy Run/Walk/Roll. The fifth annual event will be Saturday, April 20. This event, which has grown to be one of the largest 5Ks in mid-Michigan, honors family, community, and the legacy of Tom Izzo.

“We are thrilled to be continuing our tradition of having this great event on campus the same day as MSU Football’s Spring Showcase,” said Joe Dimambro, Race Director of the event and Executive Director of the Playmakers Fitness Foundation. “Since 2019, we’ve welcomed over 13,000 participants to run, walk, and roll through MSU’s campus and the streets of East Lansing, as part of an event that really does celebrate all the great things about this community and Spartan nation. We can’t wait to share all the exciting features of this special 5th anniversary, and look forward to what is sure to be a great day in East Lansing!”

Of the Izzo Legacy Family Fund’s mission and success, Executive Director Raquel Izzo McDonald said, “It has been nothing short of incredible to watch this event grow and touch so many lives over the years. Yes we have thousands of runners and walkers each year, but we also partner with local nonprofit organizations and help them maximize their opportunity for public exposure to raise vital funds to support their continued work and raise awareness of their missions and visions. We are full of gratitude for our community, who has helped us collectively raise over \$450,000 for these charity partners. We can’t wait to continue to build on that support with this year’s event, and are calling on Spartans everywhere to participate, volunteer, donate, and be a part of this year’s celebration.”

The Izzo Legacy Run/Walk/Roll will take place on the morning of Saturday, April 20, with race distances that include the signature 5K Run/Walk, 5K Roll, ½ Mile Walk/Roll, and Kids’ Sprint and ½ Mile races. The event is hosted on MSU’s campus by the Izzo Legacy Family Fund, in

partnership with Playmakers and the Playmakers Fitness Foundation. Event registration and information, including opportunities to learn more about this year's charity partners, can be found at IzzoRace.com.

About Izzo Legacy Family Fund: The [Izzo Legacy Family Fund](#) is a 501(c)(3) nonprofit organization founded by Lupe Izzo, with a mission to give back to the MSU and Mid-Michigan communities that have become such a large part of her and Coach Tom Izzo's lives. Quoting Lupe Izzo, "Tom and I have certainly been blessed to be a part of this community. One of the reasons we've never left Michigan State is the connections we've formed, and we hope that this foundation provides a way for us to continue to give back for years to come."

About Playmakers Fitness Foundation: The [Playmakers Fitness Foundation](#) is a 501(c)(3) nonprofit organization based in Okemos, MI. Its mission is to be of service to the community by providing opportunities for people to move *more* and educational programs that train people to move *better*.